# NICOLE MOY, MS, MT-BC

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# EDUCATION

Master of Science in Music Therapy, Molloy University, Completed May 2021 Thesis - Deconstructing the Clinician: An Auto-Ethnographic Study Advisor - Dr. Amanda MacRae Co-Advisor - Dr. Katherine Myers-Coffman Co-Investigator - Natalia Alvarez-Figueroa, MMT, MT-BC

Bachelor of Arts, Applied Music - Voice, State University of New York at Fredonia Completed May 2018

## **CERTIFICATIONS AND LICENSES**

# **Music Therapist-Board Certified**

Board Certification No. 16020

#### Licensed Music Therapist in Rhode Island

License No. MUS00022

#### **ADVANCED TRAINING**

#### **Analytical Music Therapy Trainee**

Advanced Level Phase 2: Group Supervision Levels completed: Self-experience, Intertherapy Supervisor: Dr. Inge Pedersen

#### AREAS OF SPECIALIZATION AND INTEREST

Education Music therapy supervision Voice and Vocal Techniques Analytical Music Therapy Hospice Memory Care Self-awareness and reflexive practice Cultural Humility

# **TEACHING EXPERIENCE**

Guest Lecturer, Molloy University, July 2022

Role of Music Research in Music Therapy Lectured a class of 15 masters students; topics included music research, culture-centered practice, and self-awareness as a clinician.

Kaitlyn Kelly, MS, LCAT, Department of Music Therapy

# **RESEARCH EXPERIENCE**

## Masters Research, Molloy University, August 2020 - May 2021

This study utilized autoethnography and was guided by a participatory action research (PAR) lens to explore a music therapist's experience of, and relation to, internalized bias and interlocking systems of oppression, such as white supremacy, sexism and ableism.

#### PUBLICATIONS

Moy, Nicole, and Natalia Alvarez-Figueroa. *Deconstructing the Clinician: An Auto-Ethnographic Study*, Molloy College, United States -- New York, 2021.

*ProQuest*, https://molloy.idm.oclc.org/login?url=https://www.proquest.com/dissertations-theses/ deconstructing-clinician-auto-ethnographic-study/docview/2586349751/se-2.

## CLINICAL EXPERIENCE

## Continuum Care Hospice, West Warwick, RI

## **On-Staff Music Therapist**

## June 2021 - December 2022

Supervisors: Dr. Inge Pedersen and Kaitlyn Kelly, MS, LCAT, MT-BC

- Provided education regarding music therapy to patients, patient families, facility staff and hospice team members.
- Headed the training and onboarding of two music therapists, providing didactic and clinical support to new hires.
- Independently managed a caseload of 70–100 patients, scheduling visits and keeping documentation organized.
- Completed timely music therapy assessments and documentation for all patients on caseload.
- Provided comprehensive and reflexive music therapy sessions for patients and families.
- Coordinated care with an interdisciplinary team including nurses, social workers, CNAs, and chaplains.
- Facilitated end-of-life planning with patients and families.
- Managed music therapy practices around most current COVID-19 protocols and recommendations.
- Assisted in community outreach regarding end of life care and music therapy.

# Long Island Music Therapy Services Inc., Long Island, NY

Music Therapist, Independent Contractor

# July 2020 - September 2021

Supervisors: Kaitlyn Kelly, MS, LCAT, MT-BC and Lauren Klimek, MS, LCAT, MT-BC

- Facilitated home-based and Telehealth individual music therapy services for clients in the disability community following COVID-19 safety protocols.
- Implemented trauma-informed care and cultural humility in clinical practice.
- Facilitated supportive music therapy groups via Telehealth platforms.

• Carried out timely documentation following assessments, individual, and group sessions.

#### The Sandel Senior Center, Rockville Centre, NY

Music Therapist, Independent Contractor

April 2020 - May 2021

- Produced asynchronous video content for therapeutic and recreational programming.
- Provided in-person, supportive music therapy groups following COVID-19 safety protocols.

#### Hebrew Home at Riverdale, Riverdale, NY

Music Therapy Intern

September 2019 - June 2020

- Facilitated individual and group music therapy for a diverse older adult population including those in memory care, long-term nursing, and those at the end-of-life.
- Collaborated with an interdisciplinary care team in order to provide effective and comprehensive care.
- Utilized technology to provide asynchronous therapeutic programming and synchronous Telehealth sessions.

## Camp Good Grief, Center Moriches, NY

Music Therapy Fieldwork Student

July 22nd - July 26th, 2019

• Facilitated group music therapy in a co-therapy model during a week-long camp for bereaved children and adolescents.

# Brunswick Hospital Center, Amityville, NY

*Music Therapy Fieldwork Student* June 2019 - July 2019

• Co-facilitated and led group music therapy for individuals with acute mental illness including older adults, adults, and adolescents.

#### Cohen Children's Medical Center, New Hyde Park, NY

*Music Therapy Fieldwork Student* January 2019 - May 2019

• Co-facilitated individual and group music therapy for pediatric patients and their families.

# **ORGANIZATIONS AND HONORS**

**Molloy University**, Music Therapy Equity and Inclusion Collective **Molloy University**, Pi Kappa Lambda Honor Society Member